



SILVER BROOK STABLES

486 Fitch Hill Road, Uncasville, Connecticut 06382
860.303.1766

RIDING LESSON INTAKE FORM

Participant Information

- **Full Name:** _____
 - **Date of Birth:** ____ / ____ / ____
 - **Age:** ____
 - **If under 18, Parent/Legal Guardian Name:** _____
 - **Address:** _____

 - **Phone Number:** _____
 - **Email Address:** _____
-

Emergency Contact Information

- **Emergency Contact Name:** _____
- **Relationship to Rider:** _____
- **Phone Number:** _____
- **Secondary Phone (optional):** _____

Rider Physical Information

(Used solely to pair the rider with an appropriate and safe horse.)

- **Height:** _____ ft _____ in
- **Weight:** _____ lbs
- **Any physical limitations or medical considerations we should know about?**
(e.g., asthma, prior injuries, allergies)

Riding Experience

Current Level

(Please check one)

- **Beginner** – New to horses or limited experience
- **Intermediate** – Comfortable walk/trot; learning canter; basic control
- **Advanced** – Confident at walk/trot/canter; may jump or ride advanced maneuvers

Disciplines Ridden

(Select all that apply)

- English
- Western
- Dressage
- Jumping / Hunters
- Eventing
- Trail Riding
- Natural Horsemanship / Liberty
- Other: _____

Disciplines Interested in Learning

- English
- Western
- Dressage
- Jumping
- Trail Riding
- Natural Horsemanship
- Other: _____

Previous Lesson or Horse Experience

(Please describe briefly)

Goals & Preferences

- **What are your primary goals for riding lessons?**
(e.g., confidence building, competition, horsemanship skills, trail riding)

- **Any fears, hesitations, or past incidents around horses we should be aware of?**

Scheduling & Availability

- **Preferred Days/Times for Lessons:**

- **Are you interested in private lessons, group lessons, or either?**
 - Private
 - Group
 - Either

Riding Attire & Safety Requirements

(Acknowledgment)

- Riders must wear long pants and closed-toe boots with a heel.
- ASTM/SEI certified helmets are required.
- Silver Brook Stables can provide helmets for new riders if needed.

I understand and agree to follow all safety requirements.

Photography & Video Release (Optional)

Silver Brook may take photos/videos for educational, promotional, or social media use.

Yes, I give permission

No, I do not give permission

Liability Release (Summary Only—Full Waiver Required Before Riding)

I understand horseback riding is a potentially hazardous activity and agree to follow all barn rules, instructions, and safety guidelines. A full liability waiver must be signed before participating in any lesson.

I acknowledge and understand.

Signature

Rider or Parent/Guardian Name: _____

Signature: _____ **Date:** _____